

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities reviewed monthly to meet resident interest *****</p> <p>To sign up for activities, please call the front desk at 801-263-0999.</p>		<p>All Events Are Subject to Change</p>		<p>LOCATION KEY</p> <p>AL2 - West Wing Lounge AR - Activity Room FD - Front Driveway IA - Independent Activity LB - Lobby LR - Living Room PDR - Private Dining Room TH - Theater TR - Therapy Room</p>	<p style="text-align: right;">1</p> <p>11:00 ■ Nail Care (AR) ✓ 1:00 ■ Wii Sports (TH) 2:00 ■ BINGO (AR) 3:00 ■ Tai Chi with Mike (AL2) 3:30 ■ Happy Hour (LR) 4:00 ■ Spiritual Thoughts (IA)</p>	<p style="text-align: right;">2</p> <p>12:00 ■ Music with Hod (LR) 1:00 ■ Animated Movie (TH) 2:00 ■ BINGO (AR) 3:00 ■ Chair Dance & Exercise (TH) 4:00 ■ Coloring Relaxation (IA) 5:00 ■ Galaxy Lemonade (LR)</p>
<p style="text-align: right;">3</p> <p>9:30 ■ Sacrament Broadcast (TH) 2:00 ■ Yoi Shigoto Thank You Cards (AR) 3:00 ■ Corn Hole (TH) 4:00 ■ Journaling (IA)</p>	<p style="text-align: right;">4</p> <p>Independence Day</p> <p>11:00 ■ Life Review (IA) 1:00 ■ Documentary (TH) 2:00 ■ BINGO (AR) 6:00 ■ Feel-Good Movie (TH)</p>	<p style="text-align: right;">5</p> <p>8:30 ■ Podiatrist (TR) ✓ 10:00 ■ Communion (comes to your room) 11:00 ■ Wii Sports (TH) 1:00 ■ Trivia (AR) 2:00 ■ Arts & Crafts (AR) ✓ 3:00 ■ Tai Chi with Mike (AL2)</p>	<p style="text-align: right;">6</p> <p>10:00 ■ Shopping - Smith's ✓ 11:00 ■ Nail Care (AR) ✓ 12:00 New Resident Luncheon & Orientation (PDR) 1:00 ■ All-Resident Meeting (TH) 2:00 ■ BINGO (AR) 3:00 ■ Giant Crossword (AR) 4:30 ■ Dinner & A Movie (TH) ✓</p>	<p style="text-align: right;">7</p> <p>11:00 ■ Gardening (BP) 1:00 ■ Cooking Club (AR) ✓ 2:00 ■ Rings of Saturn (TH) 3:00 ■ Exercise With Randy (TH) 4:00 ■ Bible Study (AL2)</p>	<p style="text-align: right;">8</p> <p>10:00 ■ Scenic Drive (LB) ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Wii Sports (TH) 2:00 ■ BINGO (AR) 3:00 ■ Tai Chi with Mike (AL2) 3:30 ■ Happy Hour (LR) 4:00 ■ Spiritual Thoughts (IA)</p>	<p style="text-align: right;">9</p> <p>12:00 ■ Music with Hod (LR) 1:00 ■ Animated Movie (TH) 2:00 ■ BINGO (AR) 3:00 ■ Chair Dance & Exercise (TH) 4:00 ■ Coloring Relaxation (IA) 5:00 ■ Galaxy Lemonade (LR)</p>
<p style="text-align: right;">10</p> <p>9:30 ■ Sacrament Broadcast (TH) 2:00 ■ Yoi Shigoto Thank You Cards (AR) 3:00 ■ Corn Hole (TH) 4:00 ■ Journaling (IA)</p>	<p style="text-align: right;">11</p> <p>11:00 ■ 7-11 Slurpee Run (LB) 1:00 ■ Documentary (TH) 2:00 ■ BINGO (AR) 3:00 ■ Exercise With Randy (TH) 6:00 ■ Feel-Good Movie (TH)</p>	<p style="text-align: right;">12</p> <p>10:00 ■ Communion (comes to your room) 11:00 ■ Wii Sports (TH) 1:00 ■ Trivia (AR) 2:00 ■ Arts & Crafts (AR) ✓ 3:00 ■ Tai Chi with Mike (AL2) 4:00 ■ Sip & Paint (TH) ✓</p>	<p style="text-align: right;">13</p> <p>10:00 ■ Shopping - WalMart ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Chair Dance & Exercise (TH) 2:00 ■ BINGO (AR) 3:00 ■ Giant Crossword (AR) 4:30 ■ Dinner & A Movie (TH) ✓</p>	<p style="text-align: right;">14</p> <p>11:00 ■ Gardening (BP) 1:00 ■ Cooking Club (AR) ✓ 2:00 ■ Tattoos (LB) 3:00 ■ Exercise With Randy (TH) 3:30 ■ Golden Crane Happy Hour (LR) 4:00 ■ Bible Study (AL2) 7:00 ■ Senior Center Dance 7-9:30 \$5 (LB) ★</p>	<p style="text-align: right;">15</p> <p>11:00 ■ Lunch Outing - Wienerschnitzel (LB) ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Wii Sports (TH) 2:00 ■ BINGO (AR) 3:00 ■ Tai Chi with Mike (AL2) 3:30 ■ Happy Hour (LR) 4:00 ■ Spiritual Thoughts (IA)</p>	<p style="text-align: right;">16</p> <p>12:00 ■ Music with Hod (LR) 1:00 ■ Animated Movie (TH) 2:00 ■ BINGO (AR) 3:00 ■ Chair Dance & Exercise (TH) 4:00 ■ Coloring Relaxation (IA) 5:00 ■ Galaxy Lemonade (LR)</p>
<p style="text-align: right;">17</p> <p>9:30 ■ Sacrament Broadcast (TH) 2:00 ■ Yoi Shigoto Thank You Cards (AR) 3:00 ■ Corn Hole (TH) 4:00 ■ Journaling (IA)</p>	<p style="text-align: right;">18</p> <p>11:00 ■ Life Review (IA) 1:00 ■ Travel Club: Into Outer Space with Kelly (TH) 2:00 ■ BINGO (AR) 3:00 ■ Exercise With Randy (TH) 6:00 ■ Feel-Good Movie (TH)</p>	<p style="text-align: right;">19</p> <p>10:00 ■ Communion (comes to your room) 11:00 ■ Wii Sports (TH) 1:00 ■ Space Trivia (AR) 2:00 ■ Arts & Crafts (AR) ✓ 3:00 ■ Tai Chi with Mike (AL2)</p>	<p style="text-align: right;">20</p> <p>10:00 ■ Shopping - Smith's ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Chair Dance & Exercise (TH) 2:00 ■ BINGO (AR) 3:00 ■ Melodies of the Heart (LR) 4:30 ■ Dinner & A Movie (TH) ✓</p>	<p style="text-align: right;">21</p> <p>11:00 ■ Gardening (BP) 12:00 ■ Birthday Luncheon (PDR) 1:00 ■ Cooking Club (AR) ✓ 2:00 ■ July Birthday Party with Scott Larabee (TH) 3:00 ■ Exercise With Randy (TH) 4:00 ■ Bible Study (AL2)</p>	<p style="text-align: right;">22</p> <p>9:00 ■ Wendover Trip (LB) ★ 10:00 ■ Scenic Drive (LB) ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Wii Sports (TH) 2:00 ■ BINGO (AR) 3:00 ■ Tai Chi with Mike (AL2) 3:30 ■ Happy Hour (LR) 4:00 ■ Spiritual Thoughts (IA)</p>	<p style="text-align: right;">23</p> <p>12:00 ■ Music with Hod (LR) 1:00 ■ Animated Movie (TH) 2:00 ■ BINGO (AR) 3:00 ■ Chair Dance & Exercise (TH) 4:00 ■ Coloring Relaxation (IA) 5:00 ■ Galaxy Lemonade (LR)</p>
<p style="text-align: right;">24</p> <p>9:30 ■ Sacrament Broadcast (TH) 2:00 ■ Yoi Shigoto Thank You Cards (AR) 3:00 ■ Corn Hole (TH) 4:00 ■ Journaling (IA)</p>	<p style="text-align: right;">25</p> <p>11:00 ■ Life Review (IA) 1:00 ■ Documentary (TH) 2:00 ■ BINGO (AR) 3:00 ■ Exercise With Randy (TH) 6:00 ■ Feel-Good Movie (TH)</p>	<p style="text-align: right;">26</p> <p>10:00 ■ Communion (comes to your room) 11:00 ■ Wii Sports (TH) 1:00 ■ Trivia (AR) 2:00 ■ Arts & Crafts (AR) ✓ 3:00 ■ Tai Chi with Mike (AL2) 3:30 ■ Taco Tuesday (FD)</p>	<p style="text-align: right;">27</p> <p>10:00 ■ Shopping - WalMart ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Chair Dance & Exercise (TH) 2:00 ■ BINGO (AR) 3:00 ■ Giant Crossword (AR) 4:30 ■ Dinner & A Movie (TH) ✓</p>	<p style="text-align: right;">28</p> <p>11:00 ■ Silver Lake Walk & Picnic (LB) ✓ 2:00 ■ Rocket Rides (TH) ✓ 3:00 ■ Exercise With Randy (TH) 3:30 ■ Wine & Cheese (LR) 4:00 ■ Bible Study (AL2)</p>	<p style="text-align: right;">29</p> <p>10:00 ■ Breakfast Outing - IHOP (LB) ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Wii Sports (TH) 2:00 ■ BINGO (AR) 3:00 ■ Tai Chi with Mike (AL2) 3:30 ■ Happy Hour (LR) 4:00 ■ Spiritual Thoughts (IA)</p>	<p style="text-align: right;">30</p> <p>12:00 ■ Music with Hod (LR) 1:00 ■ Animated Movie (TH) 2:00 ■ BINGO (AR) 3:00 ■ Chair Dance & Exercise (TH) 4:00 ■ Coloring Relaxation (IA) 5:00 ■ Galaxy Lemonade (LR)</p>
<p style="text-align: right;">31</p> <p>9:30 ■ Sacrament Broadcast (TH) 2:00 ■ Yoi Shigoto Thank You Cards (AR) 3:00 ■ Corn Hole (TH) 4:00 ■ Journaling (IA)</p>	<p style="text-align: right;">25</p> <p>11:00 ■ Life Review (IA) 1:00 ■ Documentary (TH) 2:00 ■ BINGO (AR) 3:00 ■ Exercise With Randy (TH) 6:00 ■ Feel-Good Movie (TH)</p>	<p style="text-align: right;">26</p> <p>10:00 ■ Communion (comes to your room) 11:00 ■ Wii Sports (TH) 1:00 ■ Trivia (AR) 2:00 ■ Arts & Crafts (AR) ✓ 3:00 ■ Tai Chi with Mike (AL2) 3:30 ■ Taco Tuesday (FD)</p>	<p style="text-align: right;">27</p> <p>10:00 ■ Shopping - WalMart ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Chair Dance & Exercise (TH) 2:00 ■ BINGO (AR) 3:00 ■ Giant Crossword (AR) 4:30 ■ Dinner & A Movie (TH) ✓</p>	<p style="text-align: right;">28</p> <p>11:00 ■ Silver Lake Walk & Picnic (LB) ✓ 2:00 ■ Rocket Rides (TH) ✓ 3:00 ■ Exercise With Randy (TH) 3:30 ■ Wine & Cheese (LR) 4:00 ■ Bible Study (AL2)</p>	<p style="text-align: right;">29</p> <p>10:00 ■ Breakfast Outing - IHOP (LB) ✓ 11:00 ■ Nail Care (AR) ✓ 1:00 ■ Wii Sports (TH) 2:00 ■ BINGO (AR) 3:00 ■ Tai Chi with Mike (AL2) 3:30 ■ Happy Hour (LR) 4:00 ■ Spiritual Thoughts (IA)</p>	<p style="text-align: right;">30</p> <p>12:00 ■ Music with Hod (LR) 1:00 ■ Animated Movie (TH) 2:00 ■ BINGO (AR) 3:00 ■ Chair Dance & Exercise (TH) 4:00 ■ Coloring Relaxation (IA) 5:00 ■ Galaxy Lemonade (LR)</p>