

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Resident Birthdays</b> Jack S July 15th Ester Baum July 17th Mac McCormick July 18th Mark Zell July 19th Glen Huff July 26th Judith Wilson July 30th	<b>Employee Birthdays</b> Minda De Venecia July 1st Zuleyma Sanchez De Ramirez July 10th Israel Rojas-Medina July 12th Stacy Thomas July 15th Katherine Post July 17th Lily Buenaventura July 27th	<b>Theme of the Month: National Parks and Monuments</b> National Parks and Monuments Thirsty Thursdays July 1st, 8th, 15th, 22nd and 29th National Parks and Monuments Trivia July 17th National Parks and Monuments History Packet (At Your Door)	<b>Location Key</b> CL - Craft Lounge (Concierge Desk) Bistro - (Concierge Desk) Lib - Library TVR - TV Room 2nd Floor N Tower DR - Dining Room CR - Card Room MPR - Multipurpose Room	<b>International Chicken Wing Day/Creative Ice Cream Flavors Day</b> 1 10:00  Morning Exercise (MPR) 1:30  Let's Play Bingo Location (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 3:30  Thirsty Thursday/National Parks and Monuments Themed 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	2 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Color Therapy with Bruce (CL) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	<b>Eat Beans Day</b> 3 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Pre - 4th of July Celebration (Patio) 6:30  Anagrams (CL) 6:30  Movie Event in the 2nd Floor (TVR)
<b>Independence Day</b> 4 10:00  Rise and Shine for Your Daily Exercise (packet and resistance band) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Let's Play Bingo MPR or Outside 3:30  Crafts Location (CL) 6:30  Movie Event in the 2nd Floor (TVR)	<b>Independence Day (Observed)</b> 5 10:00  Rise and Shine for Your Daily Exercise (packet and resistance bands) 10:30  Book Club (MPR) 11:15  Bookmobile (MPR) 11:30  Music, Dance, and Drama Therapy (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	<b>National Fried Chicken Day</b> 6 10:00  Morning Exercise (MPR) 11:00  Tech Time (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 3:30  Singing Group (CR) 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	<b>Chocolate Day/Strawberry Sundae Day</b> 7 10:00  Morning Exercise (MPR) 11:00  Grocery Shopping (Lobby) ✓ 1:00  Board Games (CL) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Council Meeting (CR) 3:00  Exercise Location (MPR) 6:30  Bingo Location (MPR) \$ 6:30  Movie Event in the 2nd Floor (TVR)	<b>National Blueberry Day</b> 8 10:00  Morning Exercise (MPR) 1:30  Let's Play Bingo Location (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 3:30  Thirsty Thursday/National Parks and Monuments Themed 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	<b>National Sugar Cookie Day</b> 9 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:00  Wine and Cheese Tasting Event (L) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Color Therapy with Bruce (CL) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	10 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Cooking with Lynese (CL) 6:30  Anagrams (CL) 6:30  Movie Event in the 2nd Floor (TVR)
<b>National Blueberry Muffin Day</b> 11 10:00  Rise and Shine for Your Daily Exercise (packet and resistance band) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Let's Play Bingo MPR or Outside 3:30  Crafts Location (CL) 6:30  Movie Event in the 2nd Floor (TVR)	<b>Pecan Pie Day</b> 12 10:00  Rise and Shine for Your Daily Exercise (packet and resistance bands) 11:30  Music, Dance, and Drama Therapy (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	<b>National French Fries Day</b> 13 10:00  Morning Exercise (MPR) 12:00  Women's Luncheon Location MPR ✓ 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Science Conversation Location (MPR) 3:00  Exercise Location (MPR) 3:30  Singing Group (CR) 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	<b>National Macaroni and Cheese Day</b> 14 10:00  Morning Exercise (MPR) 11:00  Grocery Shopping (Lobby) ✓ 1:00  Board Games (CL) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Council Meeting (CR) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	<b>Tapioca Pudding Day</b> 15 10:00  Morning Exercise (MPR) 1:30  Let's Play Bingo Location (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 3:30  Thirsty Thursday/National Parks and Monuments Themed 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	16 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Color Therapy with Bruce (CL) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	17 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  National Parks and Monuments Trivia (CR) 6:30  Anagrams (CL) 6:30  Movie Event in the 2nd Floor (TVR)
<b>National Ice Cream Day</b> 18 10:00  Rise and Shine for Your Daily Exercise (packet and resistance band) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Let's Play Bingo MPR or Outside 3:30  Crafts Location (CL) 6:30  Movie Event in the 2nd Floor (TVR)	<b>National Daiquiri Day</b> 19 10:00  Rise and Shine for Your Daily Exercise (packet and resistance bands) 11:30  Music, Dance, and Drama Therapy (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	<b>National Ice Cream Soda Day</b> 20 10:00  Morning Exercise (MPR) 12:00  July Birthday Luncheon 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 3:30  Singing Group (CR) 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	<b>National Hot Dog Day/National Junk Food Day</b> 21 10:00  Morning Exercise (MPR) 11:00  Grocery Shopping (Lobby) ✓ 1:00  Board Games (CL) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  All Resident Meeting (Dining) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	22 10:00  Morning Exercise (MPR) 1:30  Let's Play Bingo Location (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 3:30  Thirsty Thursday/National Parks and Monuments Themed 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	<b>Vanilla Ice Cream Day</b> 23 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Color Therapy w/Bruce including a special Vanilla Ice Cream Treat (CL) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	24 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Cooking with Lynese (CL) 6:30  Anagrams (CL) 6:30  Movie Event in the 2nd Floor (TVR)
<b>National Chili Dog Day</b> 25 10:00  Rise and Shine for Your Daily Exercise (packet and resistance band) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Let's Play Bingo MPR or Outside 3:30  Crafts Location (CL) 6:30  Movie Event in the 2nd Floor (TVR)	26 10:00  Morning Exercise (MPR) 11:30  Music, Dance, and Drama Therapy (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	27 10:00  Morning Exercise (MPR) 1:00  Scenic Mystery Drive and Treat (Bus/Sign Up) ✓ 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 3:30  Singing Group (CR) 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	<b>National Milk Chocolate Day</b> 28 10:00  Morning Exercise (MPR) 11:00  Grocery Shopping (Lobby) ✓ 1:00  Board Games (CL) 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Chef Talk Dining 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	29 10:00  Morning Exercise (MPR) 1:30  Let's Play Bingo Location (MPR) 1:30  Movie Event in the 2nd Floor N (TVR) 3:00  Exercise Location (MPR) 3:30  Thirsty Thursday/National Parks and Monuments Themed 6:30  Movie Event in the 2nd Floor (TVR) 6:30  Pokeno \$ (MPR)	<b>National Cheesecake Day</b> 30 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 1:30  Dog Grooming w/Edi (MPR) Sign Up Front Desk \$ 1:30  Movie Event in the 2nd Floor N (TVR) 2:00  Color Therapy with Bruce (CL) 3:00  Exercise Location (MPR) 6:30  Movie Event in the 2nd Floor (TVR)	<b>National Watermelon Day</b> 31 10:00  Morning Exercise (MPR) 11:00  Brain Exercise Packet (Lib) 12:00  National Parks and Monuments History Packet (at your door) 1:30  Movie Event in the 2nd Floor N (TVR) 6:30  Anagrams (CL) 6:30  Movie Event in the 2nd Floor (TVR)