


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>AR = Activity Room ALAR = AL Activity Room LB = Lobby Area IR = In Your Room PAT = Main Patio Area PDR = Private Dining Room CR = Craft Room</p>	<p><b>IMPORTANT TO REMEMBER</b></p> <ol style="list-style-type: none"> <li>1. WEAR YOUR MASK IF YOU LEAVE YOUR APARTMENT</li> <li>2. PRACTICE SOCIAL DISTANCING FROM ONE ANOTHER</li> <li>3. WASH AND SANITIZE YOUR HANDS FREQUENTLY THROUGHOUT THE DAY</li> </ol>	<p><b>DOCTOR TRIPS</b> TUESDAYS, WEDNESDAYS AND THURSDAYS 9:30 AM TO 3:00 PM</p> <p>AN ACTIVITY MIGHT GET CANCELED OR HAVE A TIME CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL</p>	1	2	3
4	5	6	7	8	9	10
<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:00 <span style="color: orange;">■</span> Independent Exercise 10:30 <span style="color: green;">■</span> Oakmont Community Church Online 1:30 <span style="color: cyan;">■</span> Family Zoom Visits Begin - In Room 3:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:00 <span style="color: yellow;">■</span> Boredom Buster Game Passed Out 10:30 <span style="color: orange;">■</span> Independent Exercise 1:30 <span style="color: yellow;">■</span> Activity Cart Visits 4:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 1:30 <span style="color: cyan;">■</span> Room Visits - In Room 3:30 <span style="color: green;">■</span> Self-Meditation Time on Channel 943</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Workout with Julia Begins - IR 11:00 <span style="color: darkblue;">■</span> Bingo Numbers Drawn 1:30 <span style="color: cyan;">■</span> Room Visits - In Room 3:30 <span style="color: darkblue;">■</span> Funny Photo Shoots for Family Begins - IR</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Workout with Julia Begins - IR 1:30 <span style="color: cyan;">■</span> Family Zoom Visits Begin - In Room 3:30 <span style="color: darkblue;">■</span> Room Visits - IR</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 11:00 <span style="color: darkblue;">■</span> Bingo Numbers Drawn 2:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 2:00 <span style="color: darkblue;">■</span> Cocktail Cart on the 1st Floor</p>
11	12	13	14	15	16	17
<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:00 <span style="color: orange;">■</span> Independent Exercise 10:30 <span style="color: green;">■</span> Oakmont Community Church Online 1:30 <span style="color: cyan;">■</span> Family Zoom Visits Begin - In Room 3:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p><b>COLUMBUS DAY</b></p> <p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 1:30 <span style="color: darkblue;">■</span> Snack Cart Visits 4:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 1:30 <span style="color: cyan;">■</span> Room Visits - In Room 3:30 <span style="color: green;">■</span> Self-Meditation Time on Channel 943</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Workout with Julia Begins - IR 11:00 <span style="color: darkblue;">■</span> Bingo Numbers Drawn 1:30 <span style="color: cyan;">■</span> Room Visits - In Room 3:30 <span style="color: darkblue;">■</span> Funny Photo Shoots for Family Begins - IR</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Workout with Julia Begins - IR 1:30 <span style="color: cyan;">■</span> Family Zoom Visits Begin - In Room 3:30 <span style="color: darkblue;">■</span> Room Visits - IR</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 11:00 <span style="color: darkblue;">■</span> Bingo Numbers Drawn 2:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 2:00 <span style="color: darkblue;">■</span> Cocktail Cart on the 1st Floor</p>
18	19	20	21	22	23	24
<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:00 <span style="color: orange;">■</span> Independent Exercise 10:30 <span style="color: green;">■</span> Oakmont Community Church Online 1:30 <span style="color: cyan;">■</span> Family Zoom Visits Begin - In Room 3:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 1:30 <span style="color: yellow;">■</span> Activity Cart Visits 4:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 1:30 <span style="color: cyan;">■</span> Room Visits - In Room 3:30 <span style="color: green;">■</span> Self-Meditation Time on Channel 943</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Workout with Julia Begins - IR 11:00 <span style="color: darkblue;">■</span> Bingo Numbers Drawn 1:30 <span style="color: cyan;">■</span> Room Visits - In Room 3:30 <span style="color: darkblue;">■</span> Funny Photo Shoots for Family Begins - IR</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Workout with Julia Begins - IR 1:30 <span style="color: cyan;">■</span> Family Zoom Visits Begin - In Room 3:30 <span style="color: darkblue;">■</span> Room Visits - IR</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 11:00 <span style="color: darkblue;">■</span> Bingo Numbers Drawn 2:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 2:00 <span style="color: darkblue;">■</span> Cocktail Cart on the 1st Floor</p>
25	26	27	28	29	30	31
<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:00 <span style="color: orange;">■</span> Independent Exercise 10:30 <span style="color: green;">■</span> Oakmont Community Church Online 1:30 <span style="color: cyan;">■</span> Family Zoom Visits Begin - In Room 3:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 1:30 <span style="color: darkblue;">■</span> Snack Cart Visits 4:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 1:30 <span style="color: cyan;">■</span> Room Visits - In Room 3:30 <span style="color: green;">■</span> Self-Meditation Time on Channel 943</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Workout with Julia Begins - IR 11:00 <span style="color: darkblue;">■</span> Bingo Numbers Drawn 1:30 <span style="color: cyan;">■</span> Room Visits - In Room 3:30 <span style="color: darkblue;">■</span> Funny Photo Shoots for Family Begins - IR</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Workout with Julia Begins - IR 1:30 <span style="color: cyan;">■</span> Family Zoom Visits Begin - In Room 3:30 <span style="color: darkblue;">■</span> Room Visits - IR</p>	<p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 11:00 <span style="color: darkblue;">■</span> Bingo Numbers Drawn 2:00 <span style="color: cyan;">■</span> Room Visits - In Room</p>	<p><b>HAPPY HALLOWEEN</b></p> <p>9:30 <span style="color: lightblue;">■</span> Wellness Checks 10:30 <span style="color: orange;">■</span> Independent Exercise 2:00 <span style="color: darkblue;">■</span> Cocktail Cart on the 1st Floor</p>