



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>TH - Theatre AR - Activity Room DR - Dining Room RA - Room Activity TBA - To Be Announced Please call to sign up for Activities! Front Desk 801-263-0999 Activity Phone 801-592-9188</p>		<p>All Events Are Subject to Change</p>		1	2	3	
<p>10:00 ■ Spiritual Thoughts (RA) 10:30 ■ Reading (RA) 3:00 ■ Journal Writings (RA) 4:00 ■ Coloring Relaxation (RA)</p>	4	5	6	7	8	9	10
<p>10:00 ■ Spiritual Thoughts (RA) 10:30 ■ Reading (RA) 3:00 ■ Journal Writings (RA) 4:00 ■ Coloring Relaxation (RA)</p>	<p>10:30 ■ Music with Scott Larrabee (BC) 1:00 ■ Records with Rick (TH) 2:00 ■ BINGO (TBA) 3:00 ■ Exercise with Randy (TH) 3:30 ■ Exercise with Randy (TH)</p>	<p>8:30 ■ Podiatrist (TH) ✓ 10:00 ■ Tai Chi with Mike (AR) 1:00 ■ Records with Rick (AR) 3:00 ■ Arts & Crafts (AR)</p>	<p>10:00 ■ "The Mixed Nuts" (DVD in the Theatre) 1:00 ■ MBK Record Year (TH) "Country" 2:00 ■ BINGO (AR) 3:00 ■ Corn Hole Game (TH)</p>	<p>10:00 ■ Wii Sports (TH) 1:00 ■ "Getting To Know You" (TH) 3:00 ■ Exercise with Randy (TH) 3:30 ■ Exercise with Randy (TH)</p>	<p>10:00 ■ Documentaries (TH) 1:00 ■ Balloon Volleyball (TH) 2:00 ■ BINGO (AR)</p>	<p>10:00 ■ Spiritual Thoughts (RA) 12:30 ■ MOVIE TIME! (TH) 3:00 ■ BINGO (AR) 4:00 ■ Coloring Relaxation (RA)</p>	
11	12	13	14	15	16	17	
<p>10:00 ■ Spiritual Thoughts (RA) 10:30 ■ Reading (RA) 3:00 ■ Journal Writings (RA) 4:00 ■ Coloring Relaxation (RA)</p>	<p>Columbus Day 10:00 ■ Wii Sports (TH) 1:00 ■ Records with Rick (TH) 2:00 ■ BINGO (TBA) 3:00 ■ Exercise with Randy (TH) 3:30 ■ Exercise with Randy (TH)</p>	<p>10:00 ■ Tai Chi with Mike (TH) 11:30 ■ Birthday Lunch (DR) (By Invitation Only) 1:00 ■ Records with Rick (TH) 2:00 ■ Wii Sports (TH) 3:00 ■ Arts & Crafts (AR)</p>	<p>10:00 ■ FLU SHOTS (TH) ✓ 10:30 ■ Music with Lynda Davidson (BC) 1:00 ■ MBK Record Year (TH) "Country" 2:00 ■ BINGO (AR) 3:00 ■ Corn Hole Game (TH)</p>	<p>10:00 ■ Wii Sports (TH) 1:00 ■ "Two Truths and A Lie" (TH) 3:00 ■ Exercise with Randy (TH) 3:30 ■ Exercise with Randy (TH)</p>	<p>National Bosses Day 10:00 ■ Documentaries (TH) 1:00 ■ Balloon Volleyball (TH) 2:00 ■ BINGO (AR)</p>	<p>10:00 ■ Spiritual Thoughts (RA) 12:30 ■ MOVIE TIME! (TH) 3:00 ■ BINGO (AR) 4:00 ■ Coloring Relaxation (RA)</p>	
18	19	20	21	22	23	24	
<p>10:00 ■ Spiritual Thoughts (RA) 10:30 ■ Reading (RA) 3:00 ■ Journal Writings (RA) 4:00 ■ Coloring Relaxation (RA)</p>	<p>10:30 ■ Music with Scott Larrabee (BC) 1:00 ■ Records with Rick (TH) 2:00 ■ BINGO (TBA)</p>	<p>Birthday Visits 10:00 ■ Tai Chi with Mike (TH) 11:30 ■ Birthday Lunch (DR) (By Invitation Only) 1:00 ■ Records with Rick (TH) 2:00 ■ Wii Sports (TH) 3:00 ■ Arts & Crafts (AR)</p>	<p>10:00 ■ The Mixed Nuts Music (DVD in Theatre) 1:00 ■ MBK Record Year (TH) "Country" 2:00 ■ BINGO (AR) 3:00 ■ Corn Hole Game (TH)</p>	<p>10:00 ■ Wii Sports (TH) 3:00 ■ Exercise with Randy (TH) 3:30 ■ Exercise with Randy (TH)</p>	<p>10:00 ■ Documentaries (TH) 1:00 ■ Balloon Volleyball (TH) 2:00 ■ BINGO (AR)</p>	<p>United Nations Day 10:00 ■ Spiritual Thoughts (RA) 12:30 ■ MOVIE TIME! (TH) 3:00 ■ BINGO (AR) 4:00 ■ Coloring Relaxation (RA)</p>	
25	26	27	28	29	30	31	
<p>10:00 ■ Spiritual Thoughts (RA) 10:30 ■ Reading (RA) 3:00 ■ Journal Writings (RA) 4:00 ■ Coloring Relaxation (RA)</p>	<p>10:00 ■ Wii Sports (TH) 1:00 ■ Records with Rick (TH) 2:00 ■ BINGO (TBA) 3:00 ■ Exercise with Randy (TH) 3:30 ■ Exercise with Randy (TH)</p>	<p>10:00 ■ Tai Chi with Mike (TH) 11:30 ■ Birthday Lunch (DR) (By Invitation Only) 1:00 ■ Records with Rick (TH) 2:00 ■ Wii Sports (TH) 3:00 ■ Arts & Crafts (AR)</p>	<p>Senior Fitness & Empowerment Day 10:30 ■ Music with Lynda Davidson (BC) 1:00 ■ MBK Record Year (TH) "Country" 2:00 ■ BINGO (AR) 3:00 ■ Corn Hole Game (TH)</p>	<p>10:00 ■ Wii Sports (TH) 1:00 ■ Carve Pumpkins (AR) ✓ 3:00 ■ "Haunted Woods" (BA) Walk our Haunted Woods until 5 p.m. 3:00 ■ Exercise with Randy (TH) 3:30 ■ Exercise with Randy (TH)</p>	<p>10:00 ■ Documentaries (TH) 1:00 ■ "Halloween Party" Staff & Residents Costume Contest 3:00 ■ BINGO (AR)</p>	<p>Halloween 10:00 ■ Spiritual Thoughts (RA) 1:00 ■ Music with Larry Turner (on your Balcony) 3:00 ■ BINGO (AR) 4:00 ■ Coloring Relaxation (RA)</p>	