


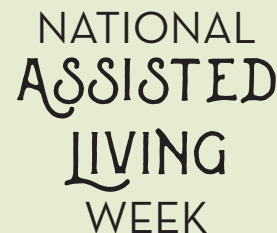


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	September 11th 	Grocery Delivery 9am -5pm 1 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 11:30 ■ Walking Group 2:00 ■ Treats On Run *Music starts on 3rd Floor 3:00 ■ In Room Meditation 3:30 ■ Resident Council Meeting	2 10:00 ■ Exercise Class 11:00 ■ Exercise Class 11:30 ■ Walking Group	3 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 3:30 ■ Ashley Webster *Live Music Outside	WEAR College Color Day 4 10:00 ■ Strength & Balance Practice 11:00 ■ Exercise Class	International Day of Charity 5 2:00 Day at the Movie 6:30 Movie Night
6 10:00 Place Grocery order with Front Desk 10:00 ■ Wii Bowling (Ask Front Desk) 11:00 ■ Stop by Front Desk for 'Puzzle of the Week' 2:00 Day at the Movie 6:30 Movie Time	LABOR DAY 7 10:00 ■ Exercise Class 3:00 Room Cart	8 Grocery Delivery 9am -5pm 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 11:30 ■ Walking Group 2:00 ■ Treats On Run *Music starts on 3rd Floor 3:00 ■ In Room Meditation 3:30 ■ Activity Forum	9 International Sudoku Day 10:00 ■ Exercise Class 11:00 ■ Exercise Class 11:30 ■ Walking Group	10 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 3:30 ■ David Arntuffus *LIVE Music Outside	11 10:00 ■ Strength & Balance Practice 11:00 ■ Exercise Class 3:00 ■ World Affair Seminar Jacob Bolotin *LIVE ZOOM	12 2:00 Day at the Movie 6:30 Movie Time
HAPPY GRANDPARENTS DAY 13 10:00 Place Grocery order with Front Desk 10:00 ■ Wii Bowling (Ask Front Desk) 11:00 ■ Stop by Front Desk for 'Puzzle of the Week' 2:00 Day at the Movie 6:30 Movie Time	14 10:00 ■ Exercise Class 3:00 Room Cart	15 Grocery Delivery 9am -5pm 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 11:30 ■ Walking Group 2:00 ■ Treats On Run *Music starts on 3rd Floor 2:45 ■ Food Forum 3:00 ■ In Room Meditation	16 10:00 ■ Exercise Class 11:00 ■ Exercise Class 11:30 ■ Walking Group	17 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 3:30 ■ Steven Flynn *LIVE Music Outside	18 Rosh Hashanah 10:00 ■ Strength & Balance Practice 11:00 ■ Exercise Class	19 2:00 Day at the Movie 6:30 Movie Time
Wife Appreciation Day 20 10:00 Place Grocery order with Front Desk 10:00 ■ Wii Bowling (Ask Front Desk) 11:00 ■ Stop by Front Desk for 'Puzzle of the Week' 2:00 Day at the Movie 6:30 Movie Time	21 10:00 ■ Exercise Class 3:00 Room Cart	22 Grocery Delivery 9am -5pm 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 11:30 ■ Walking Group 2:00 ■ Treats On Run *Music starts on 3rd Floor 3:00 ■ In Room Meditation	23 10:00 ■ Exercise Class 11:00 ■ Exercise Class 11:30 ■ Walking Group	24 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 2:00 ANNUAL Evacuation Drill (2p-4pm)	25 10:00 ■ Strength & Balance Practice 11:00 ■ Exercise Class	Family Health & Fitness Day 26 2:00 Day at the Movie 6:30 Movie Time
Yom Kippur 27 10:00 Place Grocery order with Front Desk 10:00 ■ Wii Bowling (Ask Front Desk) 11:00 ■ Stop by Front Desk for 'Puzzle of the Week' 2:00 Day at the Movie 3:00 ■ BP & Weight Checks 6:30 Movie Time	28 10:00 ■ Exercise Class 3:00 Room Cart	29 Grocery Delivery 9am -5pm 10:00 ■ Gentle Stretch Class 11:00 ■ Exercise Class 11:30 ■ Walking Group 2:00 ■ Treats On Run *Music starts on 3rd Floor 3:00 ■ In Room Meditation	30 10:00 ■ Exercise Class 11:00 ■ Exercise Class 11:30 ■ Walking Group	Welcome James 	September 13th to 19th 	All Events Are Subject to Change