

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 Labor Day	3	4	5	6	7	
9:00 ■ Gospel Doctrine 9:45 ■ Sacrament 2:00 ■ Walk & Talk ★ 2:30 ■ Faith Baptist Church 5:30 ■ Resident Choice Games ★	10:00 ■ Bingo 1:15 ■ Full Body Exercise 2:00 Movie & Popcorn-“A Dog’s Journey” 3:30 ■ Relaxation Coloring 5:30 ■ Resident Choice Games**★	9:30 ■ Baking Class 10:30 Food Council 11:00 ■ Vitals Clinic 12:45 Shopping at Walmart ✓ 1:30 ■ Relaxation Coloring 3:00 ■ Texas Hold ‘Em 3:00 ■ Weights & Strength Training w/ Carol 5:30 ■ Resident Choice Games ★ 6:30 Piano w/Rodney Smyly ♪	10:00 ■ Choir Practice 11:00 ■ Relief Society 1:00 ■ Catholic Communion Services 2:00 Guitar w/Pat 2:30 ■ Learn a New Game ----- Payroll Card Game-Dice, Cards & Betting 3:00 ■ Core Workout w/Carol 5:30 ■ Resident Choice Games ★ 6:00 ■ Bingo	9:00 ■ Balance & Weights 9:00 ■ Dr. Gulso-Podiatrist ✓ 10:00 Guitar & Harmonica w/Kimber ♪ 10:45 Picnic in the Park ✓ 1:30 Sing Along w/Nolan (CFL) ♪ 2:00 ■ Manicures or Hand Massages 2:30 ■ Pinochle Club 3:00 ■ Blackjack 5:30 ■ Resident Choice Games ★ 6:00 Classroom Hijinks	9:00 ■ Garden Club 10:00 ■ Noodle Hockey 1:00 ■ Executive Meeting 1:15 ■ Weights & Bands Exercise w/ Carol 2:00 ■ Brain Games 3:00 ■ Joy Makers 5:30 ■ Resident Choice Games ★ 6:00 Movie & Popcorn “Family Band”	10:00 ■ Bingo 12:30 ■ Blast from the Past 1:15 ■ Full Body Exercise 2:30 ■ Pinochle Club** 5:30 ■ Resident Choice Games ★	
8	9	10	11	12	13 Afton J. Birthday	14	
9:00 ■ Priesthood 9:45 ■ Sacrament 2:00 ■ Walk & Talk ★ 2:30 ■ Faith Baptist Church 5:30 ■ Resident Choice Games ★	10:00 ■ Bingo 1:15 ■ Full Body Exercise 2:00 September Birthday Celebration & Accordion w/Jim ♪ 3:00 ■ Happy Hour 6:30 ■ Family Home Eve 7:00 Resident Choice Games**★	10:00 Trip to Walmart 10:30 ■ Relaxation Coloring 1:30 Assisted Living Week -----Ice Cream Social 3:00 ■ Texas Hold ‘Em 3:00 ■ Weights & Strength Training w/ Carol 5:30 ■ Resident Choice Games ★ 6:00 Greatest Mysteries-Sturgis	10:00 ■ Choir Practice 11:00 ■ Relief Society 1:30 Music e/Lezlee ♪ 3:00 ■ Core Workout w/Carol 5:30 ■ Resident Choice Games ★ 5:30 ■ Visits with Therapy Dog Dillin 6:00 ■ Bingo	9:00 ■ Balance & Weights 10:00 Bus Ride ✓ 12:00 Wee Boutique 1:30 Sing Along w/Nolan (CFL) ♪ 2:00 ■ Manicures or Hand Massages 2:30 ■ Pinochle Club 3:00 ■ Blackjack 5:30 ■ Resident Choice Games ★ 6:30 Music w/The String Chix Band ♪	9:00 ■ Garden Club 10:30 ■ Golden Years Jazz Band ♪ 1:15 ■ Weights & Bands Exercise w/ Carol 2:00 ■ Art w/Eva 3:00 ■ Joy Makers 5:30 ■ Resident Choice Games ★ 6:00 Movie & Popcorn “Dumbo”	10:00 ■ Bingo 12:30 ■ Blast from the Past 1:15 ■ Full Body Exercise 2:00 ■ Sing-Along w/ Lynda ♪ 2:30 ■ Pinochle Club** 5:30 ■ Resident Choice Games ★	
15	16	17 Thomas S. Birthday	18	19 Tom N. Birthday	20	21	
9:00 ■ Gospel Doctrine 9:45 ■ Sacrament 2:00 ■ Walk & Talk ★ 2:30 ■ Faith Baptist Church 5:30 ■ Resident Choice Games ★	10:00 ■ Bingo 1:15 ■ Full Body Exercise 2:00 ■ “Grins, Giggles & Groans” 3:00 ■ Happy Hour 6:30 ■ Family Home Eve 7:00 Resident Choice Games**★	9:30 ■ Baking Class 12:45 Shopping at Walmart ✓ 1:30 ■ Relaxation Coloring 3:00 ■ Payroll-Card/Dice/Betting 3:00 ■ Weights & Strength Training w/ Carol 5:30 ■ Resident Choice Games ★ 6:30 Mood & Music ♪	10:00 ■ Choir Practice 11:00 ■ Relief Society 1:00 ■ Catholic Communion Services 1:00 Foot Clinic* \$ 1:30 Music w/Sherry ♪ 2:30 Activity Council 3:00 ■ Core Workout w/Carol 5:30 ■ Resident Choice Games ★ 6:00 ■ Bingo	9:00 ■ Balance & Weights 10:00 ■ Manicures or Hand Massages 1:30 Sing Along w/Nolan (CFL) ♪ 2:00 ■ Card Making w/Heidi & Kathleen 2:30 ■ Blackjack 3:45 Out-to-Lunch Bunch @ Texas Roadhouse ✓ 5:30 ■ Resident Choice Games ★ 6:00 Mt Rushmore Documentary	9:00 ■ Garden Club 10:00 Town Meeting 1:15 ■ Weights & Bands Exercise w/ Carol 2:00 ■ Guitar w/Nancy ♪ 3:00 ■ Joy Makers 5:30 ■ Resident Choice Games ★ 6:00 “Calamity Jane” w/Doris Day	10:00 Piece of Peace Band ♪ 11:00 MBK Signature Brunch 12:30 ■ Blast from the Past 1:15 ■ Full Body Exercise 2:30 ■ Bingo 2:30 ■ Pinochle Club** 5:30 ■ Resident Choice Games ★	
22	23 Frances E. & Margaret W. Birthdays & Autumn Begins	24 Deadwood Day & Shanna B. Birthday	25 Roxie K. Birthday	26 Louis Y. Birthday	27	28	
9:00 ■ Priesthood 9:45 ■ Sacrament 2:00 ■ Walk & Talk ★ 2:30 ■ Faith Baptist Church 5:30 ■ Resident Choice Games ★	10:00 ■ Bingo 1:00 Piano w/ Henry ♪ 2:30 ■ Full Body Exercise 3:00 ■ Happy Hour 6:30 ■ Family Home Eve 7:00 Resident Choice Games**★	10:00 Shopping at Walmart ✓ 1:30 ■ Deadwood Saloon & Games 1:30 ■ Relaxation Coloring 3:00 ■ Weights & Strength Training w/ Carol 5:30 ■ Resident Choice Games ★ 6:00 ■ Wild Bill Hickok Documentary	10:00 ■ Choir Practice 11:00 ■ Relief Society 11:30 New Resident Lunch Orientation 1:30 Piano w/Cheryl ♪ 3:00 ■ Core Workout w/Carol 5:30 ■ Resident Choice Games ★ 5:30 ■ Visit w/Therapy Dog Dillin 6:00 ■ Bingo	9:00 ■ Balance & Weights 10:00 Bus Ride ✓ 1:00 ■ Manicures or Hand Massages 1:30 Sing Along w/Nolan (CFL) ♪ 2:30 ■ Pinochle Club 3:00 ■ Blackjack 5:30 ■ Resident Choice Games ★ 6:00 Calamity Jane-Legend of the West	9:00 ■ Garden Club 10:30 ■ Piano & Organ w/Terry ♪ 1:15 ■ Weights & Bands Exercise w/ Carol 1:45 ■ Healthy Living w/Carol 3:00 ■ Joy Makers 5:30 ■ Resident Choice Games ★ 6:00 Movie & Popcorn “The Apple Dumpling Gang”	10:00 ■ Bingo 12:30 ■ Blast from the Past 1:15 ■ Full Body Exercise 2:30 ■ Pinochle Club** 5:30 ■ Resident Choice Games ★	
29	30 Ken N. Birthday	ACTIVITIES ALWAYS AVAILABLE Open Card Games Board Games Jigsaw Puzzles Reading Material Computer Movies		HAPPY BIRTHDAY!!! <i>Afton J. 13TH</i> <i>Thomas S. 17TH</i> <i>Tom N. 19TH</i> <i>Frances E. 23RD</i> <i>Margaret W. 23RD</i> <i>Shanna B. 24TH</i>		HAPPY BIRTHDAY <i>Roxie K. 25TH</i> <i>Louis Y. 26TH</i> <i>Ken N. 30TH</i>	
9:00 ■ Gospel Doctrine 9:45 ■ Sacrament 2:00 ■ Walk & Talk ★ 2:30 ■ Faith Baptist Church 5:30 ■ Resident Choice Games ★	10:00 ■ Bingo 1:15 ■ Full Body Exercise 2:00 Raffle Mania 3:00 ■ Happy Hour 6:30 ■ Family Home Eve 7:00 Resident Choice Games**★					ALL ACTIVITIES ARE SUBJECT TO CHANGE	
						THIS MONTH WE WILL BE LEARNING ABOUT SOUTH DAKOTA	

