June 2013

Highland Cove
A SENIOR LIVING COMMUNITY

TAKE ME OUT TO THE BALL GAME

Bring back the "all American" feeling of baseball this month. Enjoy a game at the "Bees," Salt Lake's team, or enjoy one of our many baseball themed movies—join us at the theater for "42," the story of Jackie Robinson, have some peanuts and Cracker Jack, hot dogs, or try your memory at baseball trivia and word games. You can even dig out that favorite baseball hat for your favorite team.

Senior Passport to Sightseeing in Salt Lake City Area

Join us this summer as we sightsee in the Salt Lake City area. We will take tours of several sights, such as:

Red Butte Gardens, This Is the Place Heritage Park, the Great Salt Lake, Temple Square, the LDS Conference Center, Brigham Young Historic Park for Concerts, LDS Welfare Square, Gateway, City Creek, Tracy Aviary, University of Utah, Gilgal Garden, Fort Douglas, Wheeler Historic Farm, the Lion House, the Capital, Historical Churches, Joseph Smith Memorial Building, Temple Quarry, as well as scenic rides throughout the valley, and eating at area restaurants.

Get your passport brochure in June for the dates and times of the different excursions throughout the summer!

Happy June Birthdays

6/2	Ann Nelson H-110
6/2	Bennion Lloyd T-114
6/4	Mildred Lofgreen L-303
6/4	Barclay Smith H-106
6/5	Darlene Roberts L-311
6/7	Ed Danenhauer L-107
6/10	Imogene Roosendaal
6/16	Bob Price T-204
6/16	Lorelei Dunkley H-149
6/17	Lynn Tippets D-15
6/18	Carol Taylor E-2
6/22	Jeanette Jarvis H-147
6/23	Florence Wilson T-118
6/23	Junette Engstrom H-107
6/28	Mary Davis C-9
6/29	Lorna Spencer T-207

Flag Day

Honor Flag Day on June 14 by displaying our American Flag on your porch or in your room. Join us for a flag ceremony on the Hotel Front Porch at 10 a.m. We will also enjoy patriotic music in the afternoon in both club rooms.

A Day for Dads

On June 16, we celebrate fathers. Happy Father's Day to all the men at Highland Cove!

Welcome New Residents April 15-May 15

We are delighted to have so many new residents. Please see the back of the calendar to join us in welcoming our new residents to Highland Cove!

Century Park
ASSOCIATES

June 2013

CHAUFFEUR SERVICE

Highland Cove's chauffeur service, taking you to and from doctor appointments, is available Monday through Thursday from 9 a.m. to 3 p.m. and until noon on Friday. To reserve a driver, please contact the front desk by phone at **(801) 272-8226** with the time of the appointment, **correct address**, doctor's name and telephone number at least 24 hours in advance. **Appointments must be made Monday through Friday between 9 a.m. and 3 p.m. only.** You will be notified of a pickup time the day of your appointment. Thank you for working with us so we can serve you better.

Sunday Transport

Please call the front desk if you plan on going to church and need a ride. The times are listed on the Sunday dates. LDS services are held at the hotel and they offer transport services. Highland Cove has a driver on Sunday to take and pick you up from the listed churches on the calendar.

Sunday	Monday	Tuesday
30th 9:00 LDS Priesthood-HCR 9:45 Methodist Transport 10:00 LDS Sacrament-HCR 10:15 Presbyterian Transport 11:00 LDS Sunday School-HCR 11:00 St. Vincent Church 1:30 Scenic Ride 1:30 Cribbage-TCR 3:00 Walmart, Fresh Market, Smith's (Debra)	H-Hotel HCR-Hotel Club Room HDR-Hotel Dining Room HLobby-Hotel Lobby HL-Hotel Library HFP-Hotel Front Porch HBP-Hotel Back Porch	T-Terrace TCR-Terrace Club Room TL-Terrace Library TLobby-Terrace Lobby TDR-Terrace Dining Room G-Gazebo Area PP-Passport
2 9:30 LDS Stake Conference 9:45 Methodist Transport 10:15 Presbyterian Transport 11:00 St. Vincent Church 1:30 Scenic Ride-Downtown 1:30 Cribbage-TCR 3:00 Walmart, Fresh Market, Smith's	**3** AM Dog Visits With Rupert 9:30 Morning Stretch-HCR **10:30 New Resident Orientation-TLobby** 1:00 Pool Games-TCR **2:00 Capital Hill Tour-Passport** 2:00 Yahtzee-HL 3:30 Flexibility Class-TCR 4:00 June Word Games-HLobby 7:00 Family Night-HCR	**4** 9:00 Harmon's, $ Store, Kohl's 9:30 Morning Stretch-HCR **9:30 Bridge Tournament-TCR** 10:15 Current Events-HCR **10:45 Lunch Outing** 2:00 Bingo-HDR 2:45 Library Outing 3:15 Sing-a-long-HCR 3:30 Lower Exercise-TCR 4:15 Happy Hour-TCR 7:00 Lemonade/Iced Tea-HFP 7:00 Independent Games-TCR
9 9:00 LDS Priesthood-HCR 9:45 Methodist Transport 10:00 LDS Sacrament-HCR 10:15 Presbyterian Transport 11:00 LDS Sunday School-HCR 11:00 St. Vincent Church 1:30 Scenic Ride-Airport 1:30 Cribbage-TCR 3:00 Walmart, Fresh Market, Smith's	**10** AM Dog Visits With Rupert 9:30 Morning Stretch-HCR **10:30 Hotel Town Meet-HCR** 10:30 Blood Pressure-TCR 1:00 Pool Games-TCR **2:00 Great Salt Lake Ride-PP** 1:00 Manicures-HL 2:00 Uno-HL 3:30 Flexibility Class-TCR 4:00 Father's Day Words-HLobby 7:00 Family Night-HCR	**11** 9:00 Harmon's, $ Store, Kohl's 9:30 Morning Stretch-HCR 10:15 Current Events-HCR **10:45 Lion House Lunch With Tour of Brigham Young Home-Passport** 2:00 Bingo-HDR 3:15 Sing-a-long-HCR 3:30 Lower Exercise-TCR 4:15 Happy Hour-TCR 7:00 Ice Cream-HFP 7:00 Independent Games-TCR
Happy Father's Day **16** 9:00 LDS Priesthood-HCR 9:45 Methodist Transport 10:00 LDS Sacrament-HCR 10:15 Presbyterian Transport 11:00 LDS Sunday School-HCR 11:00 St. Vincent Church 1:30 Scenic Millcreek Canyon 1:30 Cribbage-TCR 3:00 Walmart, Fresh Market, Smith's	**17** AM Dog Visits With Rupert 9:30 Morning Stretch-HCR 10:30 Manicures-HL 1:00 Pool Games-TCR **2:00 Scenic Ride-East Canyon Big Mountain and Emigration-Passport** 2:00 Yahtzee-HL 3:30 Flexibility Class-TCR 4:00 Baseball Word Game-HLobby 7:00 Family Night-HCR	**18** 9:00 Harmon's, $ Store, Kohl's 9:30 Morning Stretch-HCR 10:15 Current Events-HCR 2:00 Bingo-HDR **2:45 Library Outing** 3:15 Sing-a-long-HCR 3:30 Lower Exercise-TCR 4:15 Happy Hour-TCR 7:00 Smoothies-HFP 7:00 Independent Games-TCR
23/30 9:00 LDS Priesthood-HCR 9:45 Methodist Transport 10:00 LDS Sacrament-HCR 10:15 Presbyterian Transport 11:00 LDS Sunday School-HCR 11:00 St. Vincent Church 1:30 Scenic Ride-Liberty Park Area 1:30 Cribbage-TCR 3:00 Walmart, Fresh Market, Smith's 30th- See Top of Calendar	**24** AM Dog Visits With Rupert 9:30 Morning Stretch-HCR 10:30 Blood Pressure-TCR **11:00 Organ Recital on Temple Square in the Tabernacle and Lunch in the Nauvoo Café** 1:00 Pool Games-TCR 3:00 Manicures-HL 3:30 Flexibility Class-TCR 4:00 Summer Words-HLobby 7:00 Family Night-HCR	**25** 9:00 Harmon's, $ Store, Kohl's 9:30 Morning Stretch-HCR 10:15 Current Events-HCR **10:45 Lunch Outing-Joe's Crab Shack** 2:00 Bingo-HDR 3:15 Sing-a-long-HCR 3:30 Lower Exercise-TCR 4:15 Happy Hour-TCR 7:00 Ice Cream Bars 7:00 Independent Games-TCR

Wednesday	Thursday	Friday	Saturday
Eye Doctor: Thurs., June 20 **Podiatrist: July 1 and July 11** **Audiologist: Thurs., June 13** **House Doctors Come on Wednesday** **Call the Front Desk to Make an Appointment**		Highland Cove has a computer room with a new computer for your use. It is next to the recreation office. See Debra in Recreation for more information.	**1** 9:00 Independent Puzzles & Games-HL 10:00 Scenic Ride-Big Cottonwood 2:00 Scrabble Group-TL 2:00 Bingo-HDR 3:30 DVD-HCR 4:15 Happy Hour-TCR
5 9:00 Morning Stretch-HCR 10:00 Relief Society-HCR 1:00 Bible Study -TLobby 1:00 Bridge-TCR 2:00 Fresh Market, Smith's or Walmart Outing 2:00 Ladderball-HCR 3:30 Core Exercise-TCR 4:00 Cracker Jack History & Cracker Jack-HLobby 6:30 Bingo-HDR	**6** 9:30 Morning Stretch-HCR 10:00 Knitting/Crochet-TCR 10:30 Utah Memory-HL **12:00 Hotel Birthday Recognition** 1:00 Current Events-TLobby 2:00 Dollar Bingo-TCR 3:00 Coloring Art-HL 3:30 Strength Training-TCR 4:15 Happy Hour-TCR	**7** 9:30 Morning Stretch-HCR 10:30 Homemade Butter-HL 1:00 Food Meeting With Mattie-TL **2:00 Trivial Pursuit With Cody-TCR** **2:00 Baseball Movie-"Bad News Bears" -HCR** 7:00 Classic Movie-State Fair-TCR	**8** 9:00 Independent Puzzles & Games-HL 10:00 Scenic Ride-Little Cottonwood 2:00 Scrabble Group-TL 2:00 Bingo-HDR 4:15 Happy Hour-TCR 6:30 Movie Night-TCR **6:30 Movie Night-TCR "Field of Dreams" With Peanuts and Cracker Jack**
12 9:00 Morning Stretch-HCR 10:00 Relief Society-HCR 1:00 Bible Study -TLobby 1:00 Bridge-TCR 2:00 Fresh Market, Smith's or Walmart Outing 2:00 Inside Baseball-HCR 3:30 Core Exercise-TCR 4:00 Brain Games-HLobby 4:00 Parkinson's Group-TL 6:30 Bocce Ball-Hotel Front Yard	**13** 9:30 Morning Stretch-HCR 10:00 Knitting/Crochet-TCR 10:30 Memory Enhancement-HL 1:00 Current Events-TLobby 2:00 Dollar Bingo-TCR 2:00 Hotel Resident Ride-H 3:30 Strength Training-TCR 4:15 Happy Hour-TCR **6:00 Movie Theater-Jackie Robinson ("42")**	**14** **Flag Day Ceremony** **10:00-Hotel Front Porch** 10:30 Flag Day Dessert Cook Group-HCR **11:30 Father's Day Cookout-HBP** 2:00 Patriotic Songs-TCR 2:30 Patriotic Songs-HCR 7:00 Movie-Father of the Bride-TCR	**15** 9:00 Independent Puzzles & Games-HL 10:00 Scenic Ride-Park City 2:00 Scrabble Group-TL 2:00 Bingo-HDR 4:15 Happy Hour-TCR
19 9:00 Morning Stretch-HCR 10:00 Relief Society-HCR 1:00 Bible Study -TLobby 1:00 Bridge-TCR 2:00 Fresh Market, Smith's or Walmart Outing 2:00 Inside Bowling-HCR 3:30 Core Exercise-TCR 4:00 Brain Games-HLobby 6:00 Manicures-HDR **6:00 Bees Baseball Game Outing-Passport**	**20** 9:30 Morning Stretch-HCR 10:00 Knitting/Crochet-TCR 10:30 Memory Enhancement-HL 1:00 Current Events-TLobby 2:00 Dollar Bingo-TCR 2:00 Hotel Resident Ride-H 3:30 Strength Training-TCR 4:15 Happy Hour-TCR	**21** 9:30 Morning Stretch-HCR **10:00 Red Butte Gardens (Passport)** 10:30 Summer Cook Group-HCR **2:00 Independent Living Birthday Party** **3:00 David Fairbanks-HLobby** 7:00 Classic Movie-South Pacific-TCR	**22** 9:00 Independent Puzzles & Games-HL 10:00 Scenic Ride-Oquirrh Mountains 2:00 Scrabble Group-TL 2:00 Bingo-HDR 4:15 Happy Hour-TCR 6:30 Movie Night-TCR
26 9:00 Morning Stretch-HCR 10:00 Relief Society-HCR 1:00 Bible Study -TLobby 1:00 Bridge-TCR 2:00 Fresh Market, Smith's or Walmart Outing 2:00 Balloon Volleyball-HCR 3:30 Core Exercise-TCR 4:00 Brain Games-HLobby 4:00 Alzheimer's Group-TL 6:30 Horseshoes-Hotel Front Yard	**27** 9:30 Morning Stretch-HCR 10:00 Knitting/Crochet-TCR **10:30 Book Club-TL** 10:30 Memory Enhancement-HL 1:00 Current Events-TLobby 2:00 Dollar Bingo-TCR 2:00 Hotel Resident Ride-H 3:30 Strength Training-TCR 4:15 Happy Hour-TCR **7:00 Letter Carrier Band-HFP**	**28** 9:30 Morning Stretch-HCR **10:00 Gilgad Gardens-Passport** **2:00 Baseball Movie-"League of Their Own"-TCR** 2:30 Ice Cream Cones-Hotel Back Porch **3:00 Red Hatters' Tea Party Grand America** 7:00 Classic Movie Night-HCR	**29** 9:00 Independent Puzzles & Games-HL 10:00 Scenic Ride-Traverse Mountain 2:00 Scrabble Group-TL 2:00 Bingo-HDR 4:15 Happy Hour-TCR

Century Park ASSOCIATES

Hotel Resident Spotlight

Fred Petermann was born in Berlin, Germany. As a young man, Fred fought on the Russian Front. He met his wife, Bozena, in Czechoslovakia. They had three children and two grand and four great-grandchildren. After escaping from Eastern Germany, he moved his family to Heidelberg, Germany. Fred is an engineer; however, he also wrote three books on Motorcycle and Formula One Racing. Moving to America in 1958, he worked for EIMCO and ASARCO as a Chief engineer. Fred likes to travel and fish. We are glad to have him at Highland Cove.

Independent Living Spotlight

Barbara Larsen was born in Montpelier, Idaho. She lived there until after high school when her family moved to American Fork. Barbara was married and had three children. She now has 10 grandchildren and eight great-grandchildren. Barbara worked at a boarding high school. She loves to play bridge, go on walks and to knit. Barbara also likes to travel to see her family. We are so glad to have Barbara here with us at Highland Cove.

Summer Concerts on the Hotel Front Porch

Join us Thursday night, June 27, for our first summer concert on the hotel front porch. We will enjoy music from the Letter Carrier Band along with ice cream sundaes!

Welcome, New Residents

D-8	Donald Mantyla
H-106	Barclay Smith
E-24	Beth Hartmann
T-205	Anna Katanik
D-12	Garth Reid
D-21	Berniece Murry
H-122	Nona Larson
L-108	Holly Rassmussen
C-14	Dawne Gruher
B-2	Roberta Wilson
B-6	Melanie Offermann
L-305	Nelia & Robert Storey
H-166	Charlene Magness
H-147	Imogene Roosendaal
H-117	Beatrice Kaiser

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