

MAY 2012



**THE BRIDGE**  
AT LAWRENCEVILLE  
AN ASSISTED LIVING COMMUNITY



**The Bridge at Lawrenceville**  
220 Collins Industrial Way  
Lawrenceville, GA 30043

Phone ..... (678) 377-8191  
Fax ..... (678) 377-0698  
Lisa Lewis ..... General Manager  
Charlene Ruffin ..... Resident Services Dir.  
Maria Muirhead ..... Business Office Mgr.  
Ron Scott ..... Dietary Director  
Paula James ..... Recreational Service Director  
Mike Andrews ..... Maintenance Director



**Happy Mother's Day**  
"Happy Mother's Day" means more than have a happy day. Within those words lie lots of things we never get to say. It means I Love You first of all, then thanks for all you do. It means you mean a lot to me, and that I honor you. But most of all, I guess it means that I am thinking of your happiness on this, your day, with pleasure and with love.

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**Happy May Day**

May Day, May 1, is a festive occasion to mark the peak of spring, and many cultures celebrate with music and dancing. In some nations, May Day coincides with International Workers' Day, a day similar to our Labor Day holiday. Here's a bouquet of facts about May Day:

*Maypoles.* Many historians believe the tall wooden maypole is rooted in German pagan traditions. The pole was thought to symbolize reverence for sacred trees. Maypoles typically were trees cut from the forest and stripped of their branches. Colorful ribbons were attached to the tops, and children would grab the streamers and dance in a circle. The winding of ribbons around the poles was a ritual aimed to help nature regain its balance after a long, harsh winter.

**Wear It for Wisdom**

Like the gardens and grass of spring, May's birthstone, the emerald, dazzles with a brilliant green. Some believe wearing an emerald brings wisdom and patience.

**Mother, May I?**

Mind your manners and remember please and thank you during National Etiquette Week, annually the second week in May. Hold the door for a stranger or let someone else go in front of you in line. A bit of common courtesy goes a long way.

**Listen to Your Books**

Not getting enough reading done? Check your library for audio versions of the books on your reading list. Listen to the CDs or tapes during walks, when relaxing or whenever you have a free moment. You'll be amazed at how many books you can breeze through.



**Beautiful Blooms**

Enjoy the colorful flowers of May.



**Hold on Tight**

National Hug Holiday Week is May 6-12, so give an extra squeeze when you hand out a hug this week.



**May Is for Moms**



Tell all the mothers you know "Happy Mother's Day" on Sunday, May 13.

**Celebrate Your Health**

Be sure to eat all your fruits and veggies on May 30 for National Senior Health and Fitness Day.



Sunday	Monday	Tuesday
		1 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Pastor Walls</b> 1:30 One on One Home Visits 3:00 Popsicles on the Porch 4:00 Musical Moments 6:00 <b>Bingo 1</b> 6:30 <b>Bingo 2</b>
6 10:00 <b>Joel Osteen Ministries</b> 10:00 <b>Walking Group</b> 10:30 Reflections Group 11:00 One on One Home Visits 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Nails With Marsha</b> 2:00 <b>Covenant Presbyterian Church</b> 3:00 Rice Krispies Treats 6:00 Evening Movie	7 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:00 One on One Home Visits 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:00 Are You Smarter Than a 5th Grader? 2:00 <b>Dancing With Bud</b> 3:00 Popsicles on the Porch	8 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Pictionary Game</b> 3:00 Popsicles on the Porch 4:00 Musical Melodies 6:00 <b>Bingo 1</b> 6:30 <b>Bingo 2</b>
13 <b>Happy Mother's Day</b> 10:00 <b>Joel Osteen Ministries</b> 10:00 <b>Walking Group</b> 11:00 <b>Mother's Day Fun Facts</b> 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Afternoon Crafts</b> 3:30 Musical Moments 6:00 Evening Movie	14 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:00 One on One Home Visits 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Crazy Marty Entertains</b> 3:00 Popsicles on the Porch	15 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Pastor Walls</b> 1:30 One on One Home Visits 3:00 Popsicles on the Porch 4:00 Musical Moments 6:00 <b>Bingo 1</b> 6:30 <b>Bingo 2</b>
20 10:00 <b>Joel Osteen Ministries</b> 10:00 <b>Walking Group</b> 10:30 Reflections Group 11:00 One on One Home Visits 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 Nails With Marsha 2:00 <b>Covenant Presbyterian Church</b> 3:00 Warm Cookie Social 6:00 Evening Movie	21 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:00 One on One Home Visits 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Afternoon Jingo Fun</b> 3:00 Popsicles on the Porch	22 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Ricky Starr Entertains</b> 1:30 One on One Home Visits 3:00 Popsicles on the Porch 4:00 Musical Moments 6:00 <b>Bingo 1</b> 6:30 <b>Bingo 2</b>
27 10:00 <b>Joel Osteen Ministries</b> 10:00 <b>Walking Group</b> 10:30 Reflections Group 11:00 One on One Home Visits 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Painting With Marsha</b> 3:30 Musical Moments 6:00 Evening Movie	28 <b>Memorial Day</b> 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:15 Lunch 1st Seating 12:15 Lunch 1st Seating 1:30 <b>Holiday Bingo With Prizes</b> 3:00 Popsicles on the Porch	29 10:00 <b>Stretch &amp; Flex</b> 10:30 <b>Reflections Group</b> 11:15 <b>Lunch 1st Seating</b> 12:15 <b>Lunch 2nd Seating</b> 1:30 <b>Afternoon Jingo Fun</b> 3:00 Popsicles on the Porch 4:00 Musical Moments 6:00 <b>Bingo 1</b> 6:30 <b>Bingo 2</b>

Wednesday	Thursday	Friday	Saturday
<p align="right"><b>2</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 <b>Reflections Group</b>            11:00 <b>Designer Nails</b>            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Craig Gleason Entertains</b>            3:00 Oldies but Goodies            6:00 Evening Movie</p>	<p align="right"><b>3</b></p> <p>9:30 <b>Morning Praise</b>            10:00 <b>Bible Study With Mr. Lindsay</b>            11:00 Trivia Quiz            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Painting With Marsha</b>            3:00 Checkers            6:00 <b>Bingo 1</b>            6:30 <b>Bingo 2</b></p>	<p align="right"><b>4</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 Last Word Game            11:00 <b>A to Z Trivia</b>            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Bingo Fun</b>            2:30 Oldies but Goodies            3:00 Popsicles on the Porch            6:00 Evening Movie</p>	<p align="right"><b>5</b></p> <p><b>Cinco de Mayo</b>            10:00 <b>Shopping Trip</b>            11:00 Morning Jingo            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 Country Ride            2:00 <b>Cinco de Mayo Tasting</b>            2:30 <b>Pamela Thomas</b>            6:00 Evening Movie</p>
<p align="right"><b>9</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 <b>Reflections Group</b>            11:00 <b>Designer Nails</b>            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Salt &amp; Pepper Entertains</b>            2:30 Refreshments            6:30 <b>Tavaci School of Dance</b></p>	<p align="right"><b>10</b></p> <p>9:30 <b>Morning Praise</b>            10:00 <b>Bible Study With Mr. Lindsay</b>            11:00 In My Suitcase Game            11:15 Lunch 1st Seating            12:15 Lunch 2nd Seating            1:30 <b>Painting With Marsha</b>            3:00 Puzzle Time            6:00 <b>Bingo 1</b>            6:30 <b>Bingo 2</b></p>	<p align="right"><b>11</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 Word Unscramble            11:00 Wii Games            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Bingo Fun</b>            2:15 <b>Catholic Mass With Father Ted</b>            2:30 Oldies but Goodies            3:00 Popsicles on the Porch            6:00 Evening Movie</p>	<p align="right"><b>12</b></p> <p><b>Happy Mother's Day</b>            9:30 <b>Mother's Day Tea Music Provided by Debra Peterson Harpist</b>            11:00 Musical Moments            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 Unscramble Word Game            1:30 <b>Country Ride</b>            2:30 <b>Pamela Thomas</b>            3:30 Refreshments            6:00 Evening Movie</p>
<p align="right"><b>16</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 <b>Reflections Group</b>            11:00 <b>Designer Nails</b>            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Afternoon Crafts</b>            2:30 Refreshments            3:00 Oldies but Goodies            6:00 Evening Movie</p>	<p align="right"><b>17</b></p> <p>9:30 <b>Morning Praise</b>            10:00 <b>Bible Study With Mr. Lindsay</b>            11:00 Trivia Quiz            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Painting With Marsha</b>            3:00 Checkers            6:00 <b>Bingo 1</b>            6:30 <b>Bingo 2</b></p>	<p align="right"><b>18</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 Word Search Game            11:00 Wheel of Fortune Game            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Bingo Fun</b>            2:30 Oldies but Goodies            3:00 Popsicles on the Porch            6:00 Evening Movie</p>	<p align="right"><b>19</b></p> <p>10:00 <b>Shopping Trip</b>            10:00 Pictionary With Paula            11:00 Word Search            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Country Ride</b>            1:30 <b>Bingo Fun</b>            2:30 Popsicles on the Porch            6:00 Evening Movie</p>
<p align="right"><b>23</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 <b>Reflections Group</b>            11:00 <b>Designer Nails</b>            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Historic Hymns</b>            2:30 Refreshments            3:00 Oldies but Goodies            6:00 Evening Movie</p>	<p align="right"><b>24</b></p> <p>9:30 <b>Morning Praise</b>            10:00 <b>Bible Study With Mr. Lindsay</b>            11:00 Word Search            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            3:00 Puzzle Time            6:00 <b>Bingo 1</b>            6:30 <b>Bingo 2</b></p>	<p align="right"><b>25</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 <b>Creating Door Hangers</b>            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Bingo Fun</b>            2:15 <b>Catholic Mass With Father Ted</b>            2:30 Oldies but Goodies            3:00 Popsicles on the Porch            6:00 Evening Movie</p>	<p align="right"><b>26</b></p> <p>10:00 <b>Shopping Trip</b>            10:00 <b>Singing With the Saints</b>            11:00 Wheel of Fortune Game            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Country Ride</b>            1:30 <b>Bingo Fun</b>            2:30 Popsicles on the Porch</p>
<p align="right"><b>30</b></p> <p>10:00 <b>Stretch &amp; Flex</b>            10:30 <b>Reflections Group</b>            11:00 <b>Designer Nails</b>            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Afternoon Crafts</b>            2:30 Refreshments            3:00 Oldies but Goodies            6:00 Evening Movie</p>	<p align="right"><b>31</b></p> <p>9:30 <b>Morning Praise</b>            10:00 <b>Bible Study With Mr. Lindsay</b>            11:00 Are You Smarter Than A 5th Grader?????            11:15 <b>Lunch 1st Seating</b>            12:15 <b>Lunch 2nd Seating</b>            1:30 <b>Painting With Marsha</b>            3:00 Checkers            6:00 <b>Bingo 1</b>            6:30 <b>Bingo 2</b></p>	<p align="center">    <b>Happy May Day</b> </p>	<p align="center">  </p>



## Monthly Celebrations

This May, turn your attention to Arthritis Awareness Month. Be happy for National Smile Month, create something new during National Inventors' Month and pick up a good book for Get Caught Reading Month.



## Positive Thought

"You can turn off the sun, but I'm still gonna shine." —Jason Mraz

## Popcorn Pick: 'His Girl Friday'

Fast-talking reporters Hildy Johnson and Walter Burns spend 90 minutes fighting and writing in 1940's "His Girl Friday." When Hildy arrives to tell her ex-husband, newspaper editor Walter, that she is getting remarried and leaving the journalism profession for good, Walter puts her on what could be the greatest scoop of her career. Working on the story as her last hurrah, Hildy also has to deal with Walter framing her new fiancé for petty crimes, trying to convince her not to leave and hiding a fugitive. Rosalind Russell and Cary Grant lead this frantic film to success.

## Famous Faces Born in May

May 3, 1903: Bing Crosby  
May 7, 1950: Tim Russert  
May 8, 1884: Harry S. Truman  
May 9, 1946: Candice Bergen  
May 13, 1950: Stevie Wonder  
May 16, 1955: Olga Korbut  
May 18, 1946: Reggie Jackson  
May 22, 1844: Mary Cassatt  
May 26, 1951: Sally Ride  
May 29, 1917: John F. Kennedy

